

News Release

Cape May County, New Jersey www.thejerseycape.com

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Fall Biking at the Jersey Cape

A Biking Adventure at its Best!

Getting around the Jersey Cape can be as free and easy as climbing aboard a bike. Biking in the autumn months of the year is quickly becoming an exercise in fun and fitness for vacationers on fall getaways, day trips and long weekend stays, after the summer crowd has gone. Pedaling around the county gives bike riders the opportunity to set their own pace and choose their own path to enjoy the natural wonders of the area.

For the recreational biker or the family on bikes, Cape May County offers everything from boardwalks, promenades and country roads, to forest trails, historic districts and the "Route of the Gull" as paths for biking enjoyment.

The "Route of the Gull" which is Ocean Drive, is a scenic route that links the barrier islands of Cape May County. The 40-mile stretch of coastline from Cape May Point to Absecon Island (Atlantic City) is an example of nature at its best. A bike ride along this scenic highway provides a full day of entertainment as bike riders pedal along and enjoy the beautiful views. Countless islands and a family of bridges operated and maintained by the Cape May Bridge Commission provide the link for bikers to enjoy this change of pace.

Bicycle paths are an integral part of the landscape in many of the communities of Cape May County. Cape May County Park in Cape May Court House offers several paved and gravel roadways encircling the perimeter of the park. Dirt trails through the park's wooded terrain provide a rustic pathway for experienced riders ready for the challenge. The Clarence Davies Sports Complex next to County Park offers a designated paved pathway that connects to the Park for long distance biking.

The Seashore Road Bike Lane in Lower Township is located along County Route 626 and (more)

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provides bicyclists with a route from West Cape May to the Cape May Canal. Ocean City has a bicycle path between 29th and 35th streets on Haven Avenue. Wildwood Crest has a fully-paved, beachfront bike path with beautiful ocean and beach views at every point. North Wildwood recently constructed a bike path on the beach, stretching from the end of the Wildwoods Boardwalk at 16th Avenue north to Second Avenue. The city also created a bicycle path the length of the city, from 26th Avenue down to the Anglesea section via Surf Avenue. Several other bike paths are currently under construction in Cape May Point, Wildwood and Woodbine.

Boardwalks along the beachfront in Cape May, the Wildwoods, Sea Isle City and Ocean City are the perfect biking paths for lovers of the Jersey Shore. In the fall and winter, most boardwalks have unlimited access to bikers making these boarded pathways irresistible to enthusiasts who want to hear the crashing of the waves, the smell of the salt air and the scenery of the amusement Meccas while pedaling along the seashore.

"Pedal back in time" and explore the historic landmark City of Cape May with its quaint Victoriana look and breathtaking view at every corner. From a bicycle built for one, two or more, enjoy a leisurely look at the town's restored homes and buildings.

Hop on a bike and pedal to Cape May Point and Sunset Beach along Sunset Boulevard and enjoy grassy dunes, magnificent seashore homes and intermittent stops at designated bird watching locations. At the end of Sunset Boulevard, bikers can get a close look at the Atlantus, a World War I concrete ship sunk in the Delaware Bay just off Sunset Beach. Nearby, bikers can climb the 199 steps to the top of the Cape May Lighthouse.

Bike rentals are open in nearly every community through the Fall, offering typical single rider styles, bicycles built for two and pedal-powered surreys that carry up to six people. Rental concessions usually charge by the half hour and hour, and fees in the fall are considered "off season" and more affordable.

For bike enthusiasts who want to leave the planning to others, organized bike tours are available through the end of September. The Nature Center of Cape May offers a two-hour morning tour called "Cycling The Southern Cape," which provides a leisurely paced tour of the natural areas of the southern Cape May peninsula. Organizers encourage participants to bring binoculars and a camera.

The Jersey Cape offers a getaway for cyclists that is a natural. If getting way from it all on a bicycle adventure is something that you long to do, try the Jersey Cape. For more information, Cape May County Department of Tourism at 800-227-2297 or www.thejerseycape.com.